



4 KEYS TO REGAINING YOUR IMPACT FACTOR

HOW TO REGAIN YOUR IMPACT FACTOR

#1: Explore and decide your purpose in life. _____

Take the time to find a quiet place, grab something to write with/on. Write down what you do well. Then write down from that list, what you love to do and can have a significant impact on others.

#2: Don't take things for granted. _____

We were all born with a purpose in life and we should not overlook our greatest obstacles that pushes us into our destiny.

#3: Don't let fear slip in on your good intentions. _____

You want to impact others and empower them to greatness, right? Well, it all starts with you. Today, make a decision to that doubt and fear cannot take up residence in your heart and mind!

#4: Be clothed in your right mind. _____

*The best part of waking up is waking up! Now, you have to dress yourself and your mind. That's right, you should dress your mind in layers – put on: positivity, gratefulness, confidence, prosperity...all to regain and sustain **YOUR IMPACT FACTOR!***

**For more information:
www.SarahMichelleSpeaks.com**